

JUPITER HAND TO SHOULDER

PREPARING FOR SURGERY

Thank you for choosing Jupiter Hand to Shoulder for your upper extremity care. Please review the information below regarding your scheduled surgery:

MEDICAL CLEARANCE

If I have indicated that you need medical clearance, schedule an appointment with your clearing physician at least three (3) business days before your scheduled surgery day. When you call your physician's office, inquire if there is any additional lab work they would like you to have. **Please bring the included Request for Medical Clearance form with you to the visit.**

MEDICATIONS

Unless instructed otherwise by the prescribing physician, stop these medications five days prior to surgery:

Aspirin	Apixaban (Eliquis)	Clopidogrel (Plavix)
Celecoxib (Celebrex)	Dabigatran (Pradaxa)	Fish Oil
Diclofenac (Voltaren)	Ibuprofen (Advil, Motrin)	Vitamin E
Meloxicam (Mobic)	Xarelto (rivaroxaban)	Prasugrel (Effient)
Naproxen (Aleve)	Warfarin (Coumadin)	All other blood thinners

Stop all over-the-counter herbal supplements two weeks prior to surgery.

Continue any blood pressure medication as per usual.

REMINDERS FOR THE DAY BEFORE SURGERY

Please be available by phone on the days leading up to your surgery, so that we may keep you informed of any scheduling changes. The surgical facility will call you the afternoon prior to your scheduled surgery with important information.

Do not eat or drink anything after midnight the day before your surgery.

Directions to the surgical facilities where I perform surgery are available at jupiterhandtoshoulder.com.

SCHEDULING QUESTIONS

If you have any scheduling or medical questions regarding your surgery please leave a message at (561) 746-7686 Ext. 2204 or email chantal@jupiterhandtoshoulder.com. If sending an email please make the subject of the email your full name.

INSURANCE AND BILLING QUESTIONS

If you have billing or insurance-related questions about your surgery, please leave a message at (561) 746-7686 Ext. 2202, or jane@jupiterhandtoshoulder.com. We can only provide information regarding my professional service fees. Questions regarding facility and anesthesia fees and implant costs should be directed to the surgical facility. I encourage you to clarify any uncertainties about coverage and individual financial responsibility directly with your insurance provider.

I will meet with you right before surgery to answer any remaining questions you may have, and with your family or companion immediately following surgery. I look forward to taking the best possible care of you.



Veronica A. Diaz, M.D.

1002 S Old Dixie Highway, Suite 105, Jupiter, FL 33458
T: 561.746.7686 • F: 561.746.3420
jupiterhandtoshoulder.com